## **Morning Prayer for Wednesday After Proper 29**

### Format adapted from Forward Movement

#### **Opening Sentence**

Send out your light and your truth, that they may lead me, and bring me to your holy hill and to your dwelling. *Psalm 43:3* 

## The Invitatory and Psalter

V: Lord, open our lips.

R: And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Alleluia

#### Venite Psalm 95:1-7

Come, let us sing to the Lord; \*
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving \*
and raise a loud shout to him with psalms.

For the Lord is a great God, \* and a great King above all gods. In his hand are the caverns of the earth, \* and the heights of the hills are his also. The sea is his, for he made it, \* and his hands have molded the dry land.

Come, let us bow down, and bend the knee, \* and kneel before the Lord our Maker. For he is our God, and we are the people of his pasture and the sheep of his hand. \* Oh, that today you would hearken to his voice!

## The Psalm or Psalms Appointed

**Psalm 119: Qoph** *Clamavi in toto corde meo*145 I call with my whole heart; \*
answer me, O LORD, that I may keep your statutes.

I call to you; oh, that you would save me! \*
I will keep your decrees.
Early in the morning I cry out to you, \*
for in your word is my trust.
My eyes are open in the night watches, \*
that I may meditate upon your promise.
Hear my voice, O LORD, according to your loving-kindness; \*
according to your judgments, give me life.
They draw near who in malice persecute me; \*
they are very far from your law.
You, O LORD, are near at hand, \*
and all your commandments are true.
Long have I known from your decrees \*
that you have established them for ever.

#### Psalm 119: Resh Vide humilitatem

Behold my affliction and deliver me, \*
for I do not forget your law.

Plead my cause and redeem me; \*
according to your promise, give me life.

Deliverance is far from the wicked, \*
for they do not study your statutes.

Great is your compassion, O LORD; \*
preserve my life, according to your judgments.

There are many who persecute and oppress me, \*
yet I have not swerved from your decrees.

I look with loathing at the faithless, \*
for they have not kept your word.

See how I love your commandments! \*
O LORD, in your mercy, preserve me.

The heart of your word is truth; \*

#### Psalm 119: Shin Principes persecuti sunt

all your righteous judgments endure for evermore.

hut my heart stands in awe of your word.

I am as glad because of your promise \*
as one who finds great spoils.

As for lies, I hate and abhor them, \*
but your law is my love.

Seven times a day do I praise you, \*
because of your righteous judgments.

Great peace have they who love your law; \*
for them there is no stumbling block.

Have hoped for your salvation, O LORD, \*
and have fulfilled your commandments.

I have kept your decrees \*
and I have loved them deeply.

<sup>168</sup> I have kept your commandments and decrees, \* for all my ways are before you.

Psalm 119: Taw Appropinguet deprecatio Let my cry come before you, O LORD; \* give me understanding, according to your word. 170 Let my supplication come before you; \* deliver me, according to your promise. My lips shall pour forth your praise, \* when you teach me your statutes. 172 My tongue shall sing of your promise, \* for all your commandments are righteous. Let your hand be ready to help me, \* for I have chosen your commandments. <sup>174</sup> I long for your salvation, O LORD, \* and your law is my delight. Let me live, and I will praise you, \* and let your judgments help me. <sup>176</sup> I have gone astray like a sheep that is lost; \* search for your servant, for I do not forget your commandments.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

#### The Lessons

A reading from Zechariah 12:1-10

An Oracle. The word of the LORD concerning Israel: Thus says the LORD, who stretched out the heavens and founded the earth and formed the human spirit within: See, I am about to make Jerusalem a cup of reeling for all the surrounding peoples; it will be against Judah also in the siege against Jerusalem. On that day I will make Jerusalem a heavy stone for all the peoples; all who lift it shall grievously hurt themselves. And all the nations of the earth shall come together against it. On that day, says the LORD, I will strike every horse with panic, and its rider with madness. But on the house of Judah I will keep a watchful eye. when I strike every horse of the peoples with blindness. Then the clans of Judah shall say to themselves, "The inhabitants of Jerusalem have strength through the LORD of hosts. their God." On that day I will make the clans of Judah like a blazing pot on a pile of wood, like a flaming torch among sheaves; and they shall devour to the right and to the left all the surrounding peoples, while Jerusalem shall again be inhabited in its place, in Jerusalem. And the LORD will give victory to the tents of Judah first, that the glory of the house of David and the glory of the inhabitants of Jerusalem may not be exalted over that of Judah. On that day the LORD will shield the inhabitants of Jerusalem so that the feeblest among them on that day shall be like David, and the house of David shall be like God, like the angel of the LORD, at their head. And on that day I will seek to destroy all the nations that come against Jerusalem. And I will pour out a spirit of compassion and supplication on the house of David and the inhabitants of Jerusalem, so that, when they look on the one whom

they have pierced, they shall mourn for him, as one mourns for an only child, and weep bitterly over him, as one weeps over a firstborn.

Here ends the Reading.

#### You are God Te Deum laudamus

You are God: we praise you;
You are the Lord; we acclaim you;
You are the eternal Father:
All creation worships you.
To you all angels, all the powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims you;
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.

You, Christ, are the king of glory, the eternal Son of the Father.
When you became man to set us free you did not shun the Virgin's womb.
You overcame the sting of death and opened the kingdom of heaven to all believers.
You are seated at God's right hand in glory.
We believe that you will come and be our judge.
Come then, Lord, and help your people, bought with the price of your own blood, and bring us with your saints to glory everlasting.

#### A reading from Ephesians 1:3-14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to

the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

Here ends the Reading.

# **The Song of Zechariah** Benedictus Dominus Deus Luke 1: 68-79

Blessed be the Lord, the God of Israel; \*
he has come to his people and set them free.
He has raised up for us a mighty savior, \*
born of the house of his servant David.
Through his holy prophets he promised of old,
that he would save us from our enemies, \*
from the hands of all who hate us.
He promised to show mercy to our fathers \*
and to remember his holy covenant.
This was the oath he swore to our father Abraham, \*
to set us free from the hands of our enemies,
Free to worship him without fear, \*
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of the Most High, \* for you will go before the Lord to prepare his way, To give his people knowledge of salvation \* by the forgiveness of their sins. In the tender compassion of our God \* the dawn from on high shall break upon us, To shine on those who dwell in darkness and the shadow of death, \* and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

## The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

## The Prayers

V: The Lord be with you. R: *And also with you.* Let us pray.

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

#### **Suffrages B**

- V. Save your people, Lord, and bless your inheritance;
- R. Govern them and uphold them, now and always.
- V. Day by day we bless you;
- R. We praise your name for ever.
- V. Lord, keep us from all sin today;
- R. Have mercy upon us, Lord, have mercy.
- V. Lord, show us your love and mercy;
- R. For we put our trust in you.
- V. In you, Lord, is our hope;
- R. And we shall never hope in vain.

#### Collect of the Day

Almighty and everlasting God, whose will it is to restore all things in your well-beloved Son, the King of kings and Lord of lords: Mercifully grant that the peoples of the earth, divided and enslaved by sin, may be freed and brought together under his most gracious rule; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

#### A Collect for Grace

O Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. *Amen*.

#### A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. Amen.

Intercessions and thanksgivings may follow.

#### The General Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

#### A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

Let us bless the Lord. *Thanks be to God.* 

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen. 2 Corinthians 13:14*