

Morning Prayer for Wednesday after the First Sunday after the Epiphany

([Hilary, Bishop of Poitiers, 367](#))

Format adapted from Forward Movement

Opening Sentence

Nations shall come to your light, and kings to the brightness of your rising. *Isaiah 60:3*

The Invitatory and Psalter

V: Lord, open our lips.

R: And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

Alleluia

Venite *Psalms 95:1-7*

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.

For the Lord is a great God, *
and a great King above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

The Psalm or Psalms Appointed

Psalm 119: Aleph *Beati immaculati*

1 Happy are they whose way is blameless, *
who walk in the law of the LORD!
2 Happy are they who observe his decrees *
and seek him with all their hearts!
3 Who never do any wrong, *
but always walk in his ways.
4 You laid down your commandments, *
that we should fully keep them.
5 Oh, that my ways were made so direct *
that I might keep your statutes!
6 Then I should not be put to shame, *
when I regard all your commandments.
7 I will thank you with an unfeigned heart, *
when I have learned your righteous judgments.
8 I will keep your statutes; *
do not utterly forsake me.

Psalm 119: Beth *In quo corrigit?*

9 How shall a young man cleanse his way? *
By keeping to your words.
10 With my whole heart I seek you; *
let me not stray from your commandments.
11 I treasure your promise in my heart, *
that I may not sin against you.
12 Blessed are you, O LORD; *
instruct me in your statutes.
13 With my lips will I recite *
all the judgments of your mouth.
14 I have taken greater delight in the way of your decrees *
than in all manner of riches.
15 I will meditate on your commandments *
and give attention to your ways.
16 My delight is in your statutes; *
I will not forget your word.

Psalm 119: Gimel *Retribuere servo tuo*

17 Deal bountifully with your servant, *
that I may live and keep your word.
18 Open my eyes, that I may see *
the wonders of your law.
19 I am a stranger here on earth; *
do not hide your commandments from me.
20 My soul is consumed at all times *
with longing for your judgments.
21 You have rebuked the insolent; *
cursed are they who stray from your commandments!
22 Turn from me shame and rebuke, *
for I have kept your decrees.

²³ Even though rulers sit and plot against me, *
I will meditate on your statutes.

²⁴ For your decrees are my delight, *
and they are my counselors.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

A reading from Isaiah 41:1-16

Listen to me in silence, O coastlands; let the peoples renew their strength; let them approach, then let them speak; let us together draw near for judgment. Who has roused a victor from the east, summoned him to his service? He delivers up nations to him, and tramples kings under foot; he makes them like dust with his sword, like driven stubble with his bow. He pursues them and passes on safely, scarcely touching the path with his feet. Who has performed and done this, calling the generations from the beginning? I, the LORD, am first, and will be with the last. The coastlands have seen and are afraid, the ends of the earth tremble; they have drawn near and come. Each one helps the other, saying to one another, "Take courage!" The artisan encourages the goldsmith, and the one who smooths with the hammer encourages the one who strikes the anvil, saying of the soldering, "It is good" and they fasten it with nails so that it cannot be moved. But you, Israel, my servant, Jacob, whom I have chosen, the offspring of Abraham, my friend; you whom I took from the ends of the earth, and called from its farthest corners, saying to you, "You are my servant, I have chosen you and not cast you off" do not fear, for I am with you, do not be afraid, for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand. Yes, all who are incensed against you shall be ashamed and disgraced; those who strive against you shall be as nothing and shall perish. You shall seek those who contend with you, but you shall not find them; those who war against you shall be as nothing at all. For I, the LORD your God, hold your right hand; it is I who say to you, "Do not fear, I will help you." Do not fear, you worm Jacob, you insect Israel! I will help you, says the LORD; your Redeemer is the Holy One of Israel. Now, I will make of you a threshing sledge, sharp, new, and having teeth; you shall thresh the mountains and crush them, and you shall make the hills like chaff. You shall winnow them and the wind shall carry them away, and the tempest shall scatter them. Then you shall rejoice in the LORD; in the Holy One of Israel you shall glory.

Here ends the Reading.

You are God *Te Deum laudamus*

You are God: we praise you;
You are the Lord; we acclaim you;
You are the eternal Father:
All creation worships you.
To you all angels, all the powers of heaven,
Cherubim and Seraphim, sing in endless praise:

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims you;
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.

You, Christ, are the king of glory,
the eternal Son of the Father.
When you became man to set us free
you did not shun the Virgin's womb.
You overcame the sting of death
and opened the kingdom of heaven to all believers.
You are seated at God's right hand in glory.
We believe that you will come and be our judge.
Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

A reading from Ephesians 2:1-10

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Here ends the Reading.

The Song of Zechariah *Benedictus Dominus Deus*
Luke 1: 68-79

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.
Through his holy prophets he promised of old,

that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.
This was the oath he swore to our father Abraham, *
to set us free from the hands of our enemies,
Free to worship him without fear, *
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation *
by the forgiveness of their sins.
In the tender compassion of our God *
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the
shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, his only son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers

V: The Lord be with you.
R: *And also with you.*
Let us pray.

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

Suffrages B

V. Save your people, Lord, and bless your inheritance;
R. Govern and uphold them, now and always.
V. Day by day we bless you;
R. We praise your name for ever.
V. Lord, keep us from all sin today;
R. Have mercy on us, Lord, have mercy.
V. Lord, show us your love and mercy;
R. For we put our trust in you.
V. In you, Lord, is our hope;
R. And we shall never hope in vain.

Collect of the Day

O Lord our God, you raised up your servant Hilary to be a champion of the catholic faith: Keep us steadfast in that true faith which we professed at our baptism, that we may rejoice in having you for our Father, and may abide in your Son, in the fellowship of the Holy Spirit; who live and reign for ever and ever. Amen.

A Collect for Grace

O Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. Amen.

Intercessions and thanksgivings may follow.

The General Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to

your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

Let us bless the Lord.
Thanks be to God.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen. 2 Corinthians 13:14*