

Morning Prayer for Thursday After Proper 19

[\(Ninian, Bishop in Galloway, c. 430\)](#)

Opening Sentence

The Lord is in his holy temple; let all the earth keep silence before him. *Habakkuk 2:20*

The Invitatory and Psalter

V: Lord, open our lips.

R: And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

Alleluia

Venite *Psalm 95:1-7*

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.

For the Lord is a great God, *
and a great King above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

The Psalm or Psalms Appointed

Psalm 70 *Deus, in adiutorium*

¹ Be pleased, O God, to deliver me; *
O LORD, make haste to help me.

² Let those who seek my life be ashamed and altogether dismayed; *

let those who take pleasure in my misfortune draw back and be disgraced.

³ Let those who say to me "Aha!" and gloat over me turn back, *
because they are ashamed.

⁴ Let all who seek you rejoice and be glad in you; *
let those who love your salvation say for ever, "Great is the LORD!"

⁵ But as for me, I am poor and needy; *
come to me speedily, O God.

⁶ You are my helper and my deliverer; *
O LORD, do not tarry.

Psalm 71 *In te, Domine, speravi*

¹ In you, O LORD, have I taken refuge; *
let me never be ashamed.

² In your righteousness, deliver me and set me free; *
incline your ear to me and save me.

³ Be my strong rock, a castle to keep me safe; *
you are my crag and my stronghold.

⁴ Deliver me, my God, from the hand of the wicked, *
from the clutches of the evildoer and the oppressor.

⁵ For you are my hope, O LORD God, *
my confidence since I was young.

⁶ I have been sustained by you ever since I was born; from my mother's womb you have
been my strength; *
my praise shall be always of you.

⁷ I have become a portent to many; *
but you are my refuge and my strength.

⁸ Let my mouth be full of your praise *
and your glory all the day long.

⁹ Do not cast me off in my old age; *
forsake me not when my strength fails.

¹⁰ For my enemies are talking against me, *
and those who lie in wait for my life take counsel together.

¹¹ They say, "God has forsaken him; go after him and seize him; *
because there is none who will save."

¹² O God, be not far from me; *
come quickly to help me, O my God.

¹³ Let those who set themselves against me be put to shame and be disgraced; *
let those who seek to do me evil be covered with scorn and reproach.

¹⁴ But I shall always wait in patience, *
and shall praise you more and more.

¹⁵ My mouth shall recount your mighty acts and saving deeds all day long; *
though I cannot know the number of them.

¹⁶ I will begin with the mighty works of the Lord GOD; *
I will recall your righteousness, yours alone.

¹⁷ O God, you have taught me since I was young, *
and to this day I tell of your wonderful works.

18 And now that I am old and gray-headed, O God, do not forsake me, *
till I make known your strength to this generation and your power to all who are to come.
19 Your righteousness, O God, reaches to the heavens; *
you have done great things; who is like you, O God?
20 You have showed me great troubles and adversities, *
but you will restore my life and bring me up again from the deep places of the earth.
21 You strengthen me more and more; *
you enfold and comfort me,
22 Therefore I will praise you upon the lyre for your faithfulness, O my God; *
I will sing to you with the harp, O Holy One of Israel.
23 My lips will sing with joy when I play to you, *
and so will my soul, which you have redeemed.
24 My tongue will proclaim your righteousness all day long, *
for they are ashamed and disgraced who sought to do me harm.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

A reading from 1 Kings 22:29-45

So the king of Israel and King Jehoshaphat of Judah went up to Ramoth-gilead. The king of Israel said to Jehoshaphat, "I will disguise myself and go into battle, but you wear your robes." So the king of Israel disguised himself and went into battle. Now the king of Aram had commanded the thirty-two captains of his chariots, "Fight with no one small or great, but only with the king of Israel." When the captains of the chariots saw Jehoshaphat, they said, "It is surely the king of Israel." So they turned to fight against him; and Jehoshaphat cried out. When the captains of the chariots saw that it was not the king of Israel, they turned back from pursuing him. But a certain man drew his bow and unknowingly struck the king of Israel between the scale armor and the breastplate; so he said to the driver of his chariot, "Turn around, and carry me out of the battle, for I am wounded." The battle grew hot that day, and the king was propped up in his chariot facing the Arameans, until at evening he died; the blood from the wound had flowed into the bottom of the chariot. Then about sunset a shout went through the army, "Every man to his city, and every man to his country!" So the king died, and was brought to Samaria; they buried the king in Samaria. They washed the chariot by the pool of Samaria; the dogs licked up his blood, and the prostitutes washed themselves in it, according to the word of the LORD that he had spoken. Now the rest of the acts of Ahab, and all that he did, and the ivory house that he built, and all the cities that he built, are they not written in the Book of the Annals of the Kings of Israel? So Ahab slept with his ancestors; and his son Ahaziah succeeded him. Jehoshaphat son of Asa began to reign over Judah in the fourth year of King Ahab of Israel. Jehoshaphat was thirty-five years old when he began to reign, and he reigned twenty-five years in Jerusalem. His mother's name was Azubah daughter of Shilhi. He walked in all the way of his father Asa; he did not turn aside from it, doing what was right in the sight of the LORD; yet the high places were not taken away, and the people still sacrificed and offered incense on the high places. Jehoshaphat also made peace with the king of Israel. Now the rest of

the acts of Jehoshaphat, and his power that he showed, and how he waged war, are they not written in the Book of the Annals of the Kings of Judah?

Here ends the Reading.

The Song of Moses *Cantemus Domino*
Exodus 15:1-6, 11-13, 17-18

I will sing to the Lord, for he is lofty and uplifted; *
the horse and its rider has he hurled into the sea.
The Lord is my strength and my refuge; *
the Lord has become my Savior.
This is my God and I will praise him, *
the God of my people and I will exalt him.
The Lord is a mighty warrior; *
Yahweh is his Name.
The chariots of Pharaoh and his army has he hurled into the sea; *
the finest of those who bear armor have been
drowned in the Red Sea.
The fathomless deep has overwhelmed them; *
they sank into the depths like a stone.
Your right hand, O Lord, is glorious in might; *
your right hand, O Lord, has overthrown the enemy.
Who can be compared with you, O Lord, among the gods? *
who is like you, glorious in holiness,
awesome in renown, and worker of wonders?
You stretched forth your right hand; *
the earth swallowed them up.
With your constant love you led the people you redeemed; *
with your might you brought them in safety to
your holy dwelling.
You will bring them in and plant them *
on the mount of your possession,
The resting-place you have made for yourself, O Lord, *
the sanctuary, O Lord, that your hand has established.
The Lord shall reign *
for ever and for ever.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

A reading from 1 Corinthians 2:14-3:15

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. "For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ. And so, brothers and sisters, I could not speak to you as spiritual people, but

rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God's servants, working together; you are God's field, God's building. According to the grace of God given to me, like a skilled master builder I laid a foundation, and someone else is building on it. Each builder must choose with care how to build on it. For no one can lay any foundation other than the one that has been laid; that foundation is Jesus Christ. Now if anyone builds on the foundation with gold, silver, precious stones, wood, hay, straw-- the work of each builder will become visible, for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each has done. If what has been built on the foundation survives, the builder will receive a reward. If the work is burned up, the builder will suffer loss; the builder will be saved, but only as through fire.

Here ends the Reading.

Glory to God *Gloria in excelsis*

Glory to God in the highest,
and peace to his people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers

V: The Lord be with you.

R: *And also with you.*

Let us pray.

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

Suffrages A

V. Show us your mercy, O Lord;

R. And grant us your salvation.

V. Clothe your ministers with righteousness;

R. Let your people sing with joy.

V. Give peace, O Lord, in all the world;

R. For only in you can we live in safety.

V. Lord, keep this nation under your care;

R. And guide us in the way of justice and truth.

V. Let your way be known upon earth;

R. Your saving health among all nations.

V. Let not the needy, O Lord, be forgotten;

R. Nor the hope of the poor be taken away.

V. Create in us clean hearts, O God;

R. And sustain us with your Holy Spirit.

Collect of the Day

O God, by the preaching of your blessed servant and bishop Ninian you caused the light of the Gospel to shine in the land of Britain: Grant, we pray, that having his life and labors in remembrance we may show our thankfulness by following the example of his zeal and patience; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

A Collect for Guidance

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. *Amen.*

A Prayer for Mission

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. *Amen.*

Authorized intercessions and thanksgivings may follow.

The General Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. *Amen.*

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

Let us bless the Lord.

Thanks be to God.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen. 2 Corinthians 13:14*